

**PORTLAND STATE UNIVERSITY**  
GRADUATE SCHOOL OF EDUCATION  
*DEPARTMENT OF COUNSELOR EDUCATION*

*"Preparing professionals to meet our diverse communities' lifelong educational needs"*

***Diversity & Inclusiveness***

- to work in diverse settings
- to promote inclusive and therapeutic environments

***Research-Based Practices & Professional Standards***

- to critically analyze and implement research-based practices
- to demonstrate appropriate professional values, knowledge, and skills

***Impacting Learning and Development***

- to ensure students and clients succeed
- to use technology to enhance learning
- to influence policy and provide leadership for organizations

***Evidence-Informed Decision Making***

- to use evidence to solve problems of practice and enhance therapeutic decisions

**COUN 580: Supervision**  
**Spring Quarter, 2012**

**Friday, April 6, 4:30 p.m. – 9:30 p.m.**

**Friday, April 13, 4:30 p.m. – 9:30 p.m.**

**INSTRUCTOR:**

Russell D. Miars, Ph.D.

506L Education Bldg.

Office phone: 725-4611

Office Hours: Monday: 1:30 – 3:00 p.m.

Wednesday 1:00 – 3:30 p.m.

Email (miarsr@pdx.edu) in advance to confirm an appointment

If you require accommodations (e.g., interpreter, note-taker, etc.), please see me immediately. I will work with you to facilitate getting any needed supports.

**COURSE DESCRIPTION:**

COUN 580 Supervision reviews a systematic model of clinical supervision and its application to the supervisory process. Techniques and skills of supervision are presented as can be applied specifically to the debriefing and supervision intern-level Counselor Education students provide to 2nd year Practicum students in the Counseling Training Clinic. An ethical framework for clinical supervision as a Peer Supervisor in the Clinic is presented.

### ESSENTIAL PRACTICES ADDRESSED IN THIS COURSE:

- Develop effective helping and intervention skills for supervision
- Develop ethical clinical practice
- Create environments that enhance professional and clinical practice
- Use and update research and knowledge to enhance professional practices

### COURSE OBJECTIVES:

1. Gain a basic understanding of current theory and practice of clinical supervision
2. Advance supervisory skills for use in Practicum Counseling Clinic
3. Integrate ethical clinical practice into supervision practice

### CACREP and TSPC Standards addressed:

#### CACREP

- Professional Identify (b & h)
- Social & Cultural Diversity (a & b)
- Human Growth & Development (b & d)

#### TSPC

- Demonstrate interpersonal skills, working with others, and communicating with community
- Demonstrate ethical standards and legal framework unique to counseling
- Demonstrate effective counseling techniques for individuals and small groups

### DEPARTMENT POLICY STATEMENT:

The counseling profession requires a high level of personal integrity, self-awareness, and personal maturity. Demonstrating professionalism in classroom behavior, as well as being present and engaged in classroom activities, is expected at all times as a graduate student in Counselor Education.

Students are expected to attend all class meetings; however, one absence is not considered excessive. Students whose beliefs, religious practices, or lifestyles may conflict with class attendance from time to time should discuss such issues with the course instructor at the beginning of the term. If possible, arrangements should be made to make up missed attendance-related assignments and experiences. It is up to the student and instructor to negotiate a satisfactory solution with respect to absences.

Students and faculty are expected to maintain an atmosphere in which controversial issues, germane to the subject matter, can be examined and discussed. In exercising this freedom of expression, faculty and students are expected to exercise appropriate restraint and show respect for the opinion of others.

The Counselor Education Department seeks to balance providing care and support, high expectations, and opportunities for participation in meaningful activities. All students are expected to participate in constructing a respectful learning environment in the classroom. Arrive to class on time, stay for the entire class, come back from breaks on time, turn off cell phones, etc. Be mindful of what might detract from the learning experience of students and faculty alike (e.g., talking to fellow students during lecture).

All students in the Department must demonstrate behavior that is consistent with the Ethical Standards put forth in 2005 by the American Counseling Association:

<http://www.counseling.org/resources/ethics.htm>

Failure to do so can result in termination from the program.

Demonstrating effective ethical and professional conduct is extremely important and will be monitored and reviewed by the faculty throughout your time in the program in order to assess your development as a professional counselor. Formal occasions for feedback in this regard occur following First Year Student Reviews (May of each year) and during Practicum and Internship. Concerns and deficiencies will be brought to your attention and used by faculty in assessing your overall academic/ professional progress in the Department. Deficiencies that are not corrected will be cause for disciplinary action which may include termination from the Department.

TEXT: Required: Holloway, Elizabeth (1995). *Clinical Supervision: A Systems Approach*. Thousand Oaks, CA: Sage.

### TOPICS SCHEDULE:

- 1<sup>st</sup> Friday - Chapters 1 & 2 review
- Developmental Model of Supervision (class lecture)
  - Expectations: Meet in Clinic supervising groups
- 2<sup>nd</sup> Friday - Chapters 3 & 4 review (chapter 5 recommended reading)
- Role-play practice of supervisory structure (in class)
  - Practice issues: Clinic evaluation forms  
Ethics for Peer Supervisor

### COURSE REQUIREMENTS

1. Attendance for entire time of class (15 points). Course grade reduced based on percentage of missed class.
2. Take-home **exam** (35 points) **DUE: Monday, May 7, 12 noon**  
(send as **Word .doc attachment in email, or hard copy mailbox 204 Ed. Bldg.**)

**Note:**

- Late exams, regardless of reason, are an automatic 15% point reduction.
- No individual incompletes (I) will be given unless medically necessary

### HIGHLY RECOMMENDED READING:

Aasheim, L. (2012). Practical Clinical Supervision for Counselors: An Experiential Guide. New York: Springer Publishing Co.